

1999 MIAC Outdoor Track & Field Awards

Women

Gustavus Adolphus' **Erica Stone** was named the Women's MIAC Outdoor Track and Field Most Outstanding Athlete for her performance at the outdoor championship at St. John's May 7-8. Stone was a double champion and automatically qualified for the NCAA championships in the 100 (12.07) and 200 (24.73, meet record) meter dash and ran on the winning Gustie 400 and 1600 meter relays. Teammate **April Felt** was recognized for the Most Outstanding Performance with a meet record and automatic qualifying throw in the hammer (160-2). Also receiving top votes for Outstanding Athlete were Carleton's Sandy Helquist and St. Olaf's Jayna Mathieu. Helquist won the heptathlon and 400 hurdles with automatic qualifying performances and competed on the Knights' 400 and 1600 relays. Mathieu won the 1500, finished third in the 800 and anchored the Oles 1600 relay and first place 3200 relay. Stone's 200 and St. Benedict's Rhonda Swanson's meet record pole vault of 11-7.75 also received top votes for most outstanding performance.

Men

St. Thomas sprinter **Jeremy Heckman** was selected Men's MIAC Outdoor Track and Field Most Outstanding Athlete for winning the 100 (10.65) and 200 (21.49, NCAA automatic qual.) and running on the Tommies winning 1600 relay. Also receiving top votes were St. John's Steve Kimble and Gustavus thrower Aaron Smith. Kimble won the decathlon with an automatic qualifying performance and scored in the 400, 100 hurdles, discus, javelin and 1600 relay. Smith automatically qualified in the shot put, discus and hammer. **Aaron Smith's** meet record hammer throw (192-10) was recognized as the Most Outstanding Performance. Also receiving top votes for the Most Outstanding Performance was the Tommies' Greg Kaiser who threw a meet record and automatically qualified in the javelin (206-0).

MILES OF ST. JOHN'S AND ROESKE OF CONCORDIA SELECTED MIAC TRACK AND FIELD COACHES OF THE YEAR

Coach **Tim Miles** of St. John's and coach **Marv Roeske** of Concordia were selected MIAC Men's and Women's Track and Field Coaches of the Year respectively. The Johnnies men and the Cobber women both won the outdoor MIAC championship.